

DUATHLON

Registration Fee \$25

- Registration fee includes a race t-shirt (not counted towards sponsor donations)
- Everyone gets a race medal
- Top 3 in each age group and gender receive trophies
- Top 3 fastest times go on the Duathlon record board
- Special prize for top fundraiser!

Gather sponsor donations from friends and family and win prizes...

Tiger Shark Level \$25.00	Keychain
Great White Level \$50.00	Drawstring Bag & Keychain
Meg Level \$100.00+	Water Bottle, Drawstring Bag & Keychain

Age Group Swim & Run Distances

	Swim (yards)	Run (yards)	Total Distance (yards)
6 & Under	25	736 <i>(approximately .4 miles)</i>	761
7 – 8	25	736 <i>(approximately .4 miles)</i>	761
9 – 10	75	736 <i>(approximately .4 miles)</i>	811
11 – 12	125	736 <i>(approximately .4 miles)</i>	861
13 – 14	175	736 <i>(approximately .4 miles)</i>	911
15 & Over	225	736 <i>(approximately .4 miles)</i>	961



Hey team, let's aim high and shoot for the stars!

If we can rustle up a cool \$2000 in donations, we're diving straight into a Make-Your-Own-Milkshake Party at the Pool!

Let's blend our efforts and make this fundraiser a delicious success!