

June 2024 Lindmoor Woods Swim Team Calendar (Version Date 6/21/2024)

You must practice with your age group!

Morning Practice Schedule (May 23 – June 24)

6&U 7:30am – 8:00am
 7-8 8:00am – 8:30am
 9-10 8:30am – 9:15am
 11-12 9:15am – 10:00am
 13+ 10:00am – 10:45am

Afternoon Practice (May 29 – June 20): Select Mondays, Wednesdays, Thursdays

6&U and 7-8 5:45pm – 6:15pm
 9-10 and 11-12 6:15pm – 7:00pm
 13+ 7:00pm – 7:45pm

Afternoon practice is for those with scheduling conflicts like camps. Morning practice is encouraged as only two lanes are available in the afternoon, and you can't attend both morning and afternoon sessions.

MANDATORY AFTERNOON PRACTICE SIGN-UP LINK:

<https://forms.gle/cHznAtoiuaN3dZwW6>

Donut Wednesdays for All Groups & Ages (May 29 – June 25. There will be one

“Tuesday” Donut/Awards on June 25)
 10:00am – 10:30am Awards, Ribbons & Donuts
 10:30am – 11:00am Clinics* or Play

**Choose either the Coach DJ Swim Clinic or play in the diving board area, with Assistant Coaches monitoring.*

Donut Wednesday during Afternoon Practice (May 29-June 19) will include practice, ribbons, and popsicles.

Parent Yoga (May 28 – June 20)

Tuesdays & Thursdays
 7:30am – 8:00am
 8:00am – 8:30am
 8:30am – 9:00am

Private Lessons with Coach DJ or Coach Natalie: Email Coaches for lessons

ASA Championships Date June 27

ASA Practice Times June 25
 6&U, 7-8, 9-10: 8:15am – 9:00am
 11-12, 13-14, 15+: 9:00am – 10am

ASA Practice Times June 26
 6&U, 7-8, 9-10: 8:15am – 9:00am
 11-12, 13-14, 15+: 9:00am – 10am

Junior Sharks (May 28 – June 21):

Mondays, Tuesdays, Thursdays, Fridays
 11:00am – 11:30am
 Junior Shark Swim Meet, June 21 at 11:00am

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|---|--|---|
| | | | | | | 1 |
| 2 | 3 Morning Practice Junior Sharks Afternoon Practice Home Swim Meet Prep | 4 Morning Practice Parent Yoga Junior Sharks Home Swim Meet, Picture Day & Senior Day | 5 Donut Wednesday Afternoon Practice & Donut Wednesday | 6 Entry & Job Deadline Morning Practice Parent Yoga Junior Sharks Afternoon Practice | 7 Morning Practice Junior Sharks | 8 Make-up Swim Meet Date if needed 9:00am |
| 9 | 10 Morning Practice Junior Sharks Afternoon Practice Away Swim Meet Prep | 11 Morning Practice Parent Yoga Junior Sharks Away Swim Meet | 12 Donut Wednesday Afternoon Practice & Donut Wednesday | 13 Entry & Job Deadline Morning Practice Parent Yoga Junior Sharks Afternoon Practice | 14 Morning Practice Junior Sharks | 15 |
| 16 | 17 Morning Practice Junior Sharks Afternoon Practice Away Swim Meet Prep | 18 Morning Practice Parent Yoga Junior Sharks Away Swim Meet | 19 Donut Wednesday Afternoon Practice & Donut Wednesday | 20 Entry & Job Deadline Morning Practice Last Parent Yoga Junior Sharks Last Afternoon Practice | 21 Morning Practice Junior Sharks Swim Meet Home Swim Meet Prep | 22 Make-up Swim Meet Date if needed 9:00am |
| 23 | 24 Last Morning Practice Home Swim Meet | 25 Morning Practice for ASA Champs Participants Only Donut Wednesday on Tuesday (No swim, play or clinic) Team Banquet 6:30pm | 26 Morning Practice for ASA Champs Participants Only Lock-in Sign-up Deadline | 27 ASA Championships @GA Tech 9:30am Team Lock-in Event 7pm+ (Ages 11+) | 28 | 29 Make-up Swim Meet Date if needed 9:00am |