

Junior Coach

Lindmoor Woods Tiger Shark Swim Team (LMW)

Position Overview

The Junior Coach supports the Head Coach and Assistant Coaches in providing a safe, positive, and well-organized summer swim program in accordance with the **Lindmoor Woods Tiger Shark Swim Team By-Laws** and **Atlanta Swim Association (ASA)** rules. Junior Coaches serve as role models for younger swimmers and assist with practices, meets, and team activities.

Junior Coaches work **under the direct supervision of the Head Coach and Assistant Coaches** and do not independently run practices or make coaching decisions.

Responsibilities

Practice Support

- Assist coaches during daily practices by helping organize swimmers, manage lanes, and demonstrate drills when appropriate.
- Provide encouragement and positive reinforcement to swimmers.
- Help maintain focus, safety, and positive behavior on deck.
- Assist with equipment setup and breakdown before and after practices/meets/events.

Meet & Event Support

- Assist with swimmer check-in, line-up organization, and deck supervision during meets.
- Help guide younger swimmers to their events and ensure they understand expectations.
- Support setup and cleanup at meets, events, and team activities.

Safety & Conduct

- Follow all safety rules, emergency procedures, and team policies.
- Never be alone in an enclosed space with a swimmer.
- Maintain a respectful, drug-free, and positive environment at all times.
- Serve as a positive role model for swimmers, families, and peers.

Communication & Professionalism

- Follow all directions from the Head Coach and Assistant Coaches.
- Report any safety concerns or incidents immediately to a supervising coach.
- Communicate respectfully with swimmers, coaches, parents, and officials.

Seasonal Responsibilities

Pre-Season (as assigned)

- Attend training or orientation sessions if required.
- Complete required background check (ASA).
- Review team rules, safety procedures, and expectations.

Competitive Season (May–June)

- Assist at assigned practices and meets.
- Support team events and end-of-season activities as needed.

Qualifications & Requirements

Required

- Minimum age: **15 years old** (or as permitted by ASA)
- Current or former competitive swimmer preferred
- Positive attitude and strong sense of responsibility
- Ability to take direction and work as part of a coaching team
- Must pass **ASA background check** (if required by ASA)
- Willingness to follow all Lindmoor Woods Swim Team By-Laws and Code of Conduct

Preferred

- Prior experience assisting with swim lessons or team practices
- Interest in developing coaching skills
- Competent in SwimTopia and Meet Maestro

Limitations of Role

- Junior Coaches **do not run practices independently**
- Junior Coaches **do not make lineup or coaching decisions**

- All instruction and supervision must occur under the direction of the Head or Assistant Coaches

Evaluation & Discipline

- Junior Coaches are evaluated at the end of the season by the Head Coach.
- Violations of team policies, safety rules, or Code of Conduct may result in disciplinary action, including dismissal from the position.

Employment Status

- Seasonal, temporary position
- Subject to annual appointment and team needs
- No guarantee of renewal beyond the season